



Train the Trainers

The program is highly enjoyable and interactive experience that emphasizes hands-on-skill development, utilizing the latest brain compatible learning and training practices.

Attend this exclusive training with Intelligence Strategies if you are truly serious about becoming an exceptional trainer. Your choice of Train the Trainers is crucial, so it is important for you to make the right decision. Our train-the-trainer course covers both the science and the art of training. It is a science in terms of thinking, planning and measuring desired outcomes. It is also an art in terms of how to apply the training tools in practice. The course combines the best training methodologies available today: Neuro-Linguistic Programming (NLP), Accelerated Learning Techniques (ALT), and Teaching for Understanding (TfU).

Become an Extraordinary Trainer

This course is designed for both new and experienced trainers who are seeking to create breakthrough ideas and who are interested in making real changes in their training. We emphasize on implementing NLP into our course. NLP is used as the basis for many modern training programs, so by learning about NLP participants will have the fundamental skills they need to create their own resources and solutions.

The course also enables participants to reach higher levels of responsibility in their workplace by working in partnership with management to assist in the delivery of corporate business objectives. The course provides participants with the skills and knowledge to take on broader responsibilities in the planning, design, supervision, management and policy-analysis of training and development functions.

Key Training Skills

By attending our Train-the-Trainer course participants will learn the following skills;

- Developing the identity of a trainer.
- Linear to systematic thinking.
- Teaching the conscious and the unconscious minds.
- Building a good relationship with participants.
- Calibrating the group.
- Developing vocal flexibility.
- Using body, voice, tempo and rhythm.
- Stage anchoring and platform skills.
- Developing a series of trainer states and styles.
- Motivating and inspiring your audience.
- Learning filters – how to recognize and facilitate.
- Pacing out objectives – answering elegantly.

Training Outlines

Day One

The Psychology of Training

- Importance of effective training
- Your propose of training
- The psychology of learning
- Facilitation and process of learning
- Training for understanding
- Appearance and personality

Accelerated Learning Techniques

- Brain-based Learning
- Essential training skills
- Environment for optimal training
- Wake-ups and state changes
- Demonstration Techniques
- Activity: Training practice I



Day Two

Designing Charismatic Training

- The structures of training
- Training and human development
- Thinking in outcomes
- Planning a successful training
- Preparing training materials
- Evaluate your training

Training with NLP techniques Part I

- Pacing and leading
- Ongoing contact with the unconscious
- Verbal input
- Chunking and sequencing
- Stage marking or spatial anchoring
- Movement and gestures
- Physiology & tonality
- Understanding the audience
- Activity: Training practice II



Day Three

Training with NLP techniques Part II

- Framing for the conscious & unconscious mind
- Creating stillness in the here and now
- Projecting your teaching to the audience
- Metaphor and nested loops
- Overcoming fear
- The art of handling difficult questions
- Conclusion template

Training in Action

- Training practice III with
 - accelerated learning techniques
 - teaching for understanding
 - neuro-linguistic programming
- Creating sessions for long term recall and integration
- Debriefs and evaluations
- Setting your training goals
- Training Action Plan

